

Nude Beaches in Baja?



We have had a fair amount of inquiries about nude beaches in Baja. First off it is not really legal to be nude in public in Mexico. In fact the Mexican people don't consider it really proper for men to go without shirts at restaurants for example (see insider notebook). However, as many of us know in the resort towns like Ensenada, La Paz, Cabo, and San Jose del Cabo things can be a bit more lax as far as enforcing the laws.



Still we do not recommend people go nude in public. However, as many of us also know there are endless remote beaches where there is no public. For this reason those that wish to be free of the usual beachwear, can be if they just go find their own beach. So, if you are one of those people that find even a thong (thing about thongs) just too restricting then just plan to venture out, off the beaten bath and you shall find freedom. This is really pretty easy even if you are in one of the larger towns. You do not have to travel far to be in the remoter areas of the Baja. If you rent a car and drive for less than an hour from any of the major towns you will find yourself at a beach without public.



Just be sure and keep your clothes, towel or a sarong nearby in case someone does just happen to come along. Another way to nude sunbath and really get a tan fast, is to head off into the desert. There are many areas with beautiful views, shade (nice to have to take a break) and rock outcroppings to lie around on and sunbathe with the lizards. Picture of Beatrice on rocks? Make sure to bring lots of water to drink, as well as to douse yourself with and you can really eliminate those tan lines quickly. Spray bottles and sun showers (left in the shade of course) are great for this.

Another easy way to get away from the crowd is to hire up a boat, panga, sailboat kayaks and head off to some of the remote islands, inlets or estuaries. (See Cruising the Sea of Cortez or Isla Espirtiu Santos) In most towns, even the smallest, there are islands nearby there is generally someone ready to rent or taxi you out and leave you alone for a specified time.



So no worries if you are looking to get away from it all so you can bare it all, the Baja has plenty of space to be left alone in. (map of Baja) If you have any questions about specific areas feel free to write and we will try inform you as best as possible as to how and where to really escape el publico. (picture of cabo beach here)

Have a great time and **Just be smart, stay hydrated and use sun protection when necessary.***

Viva la morena! Jaime Santiago

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